

Work and Power Notes and Projectile Motion Practice Problems

Name: _____ Hr. _____

Work

: Amount of energy transferred by a force acting through a distance

$$\text{Work} = \text{force} \times \text{distance}$$

$$W = F d$$

Unit : Newton-meter (N·m) also known as a Joule (J)

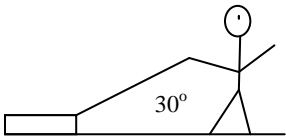
Fill in Unit Box:

Units of F = _____
Units of d = _____
Units of work = _____
1 N·m = 1 _____

#1: Sam lifts a 34- kg rock upward a distance of 1.5 meters to impress his girlfriend. How much work did he do? *To find F use $F = ma$ with $a = -9.8 \text{ m/s}^2$. (ans. -499.8 J, it is negative because he is doing work against gravity)*

***The only work done is that in the direction of motion!**

#2: A child pulls a sled with a force of 50 N. If the rope makes a 30° angle with the ground, and she pulls it 2 meters, how much work is done? *Because the sled will move in the x direction, it is only the x component of the force that counts. 50 Newtons is vector F. Use cosine to find the x component and multiply by the distance. (ans. 86.6 J)*



Power

: The rate at which work is done or energy is transferred

$$\text{Power} = \frac{\text{work}}{\text{time}}$$

$$P = \frac{W}{\Delta t}$$

or

$$P = \frac{F d}{\Delta t}$$

Unit : Joule per second = a Watt (W)
1 horsepower (hp) = 746Watts

Fill in Unit Box:

Units of work = _____
Units of Δt = _____
Units of P = _____
1 J/sec = 1 _____
1 hp = _____ W

#3 Convert the following: A 5 horsepower motor = _____ W

#4 One of the world's strongest men carries a 904-pound motorcycle a distance of 30 m. If he does this in 17.25 seconds, what is his **horsepower**? (ans. -9.4 hp) *Hint: Use $F = ma$ to find the force with $a = -9.8 \text{ m/s}^2$ since he is lifting it against gravity, then find watts to turn into horsepower.*

Unit VI) Work and Energy

$$W = F d$$

$$P = \frac{W}{\Delta t}$$

$$P = \frac{F d}{\Delta t}$$

$$1 \text{ hp} = 746 \text{ Watts}$$

Problems for Work and Power:

1. a. A tugboat pulls a ship with $5.0 \times 10^3 \text{ N}$. How much work is done if it is pulled 3.0 km? (*ans. $1.5 \times 10^7 \text{ J}$*)

Given:

Unknown:

Equation:

- b. Calculate the tugboat's power if it does this in 0.3 hour. (*ans. $1.39 \times 10^4 \text{ W}$*)

2. A shopper pulls a shopping cart with 35 N of force at a 25° angle to the horizontal. Find the work done as the shopper walks 50 meters down the aisle. (*ans. $1,585 \text{ Nm or J}$*)

3. In 4.2 seconds, a crane lifts a 225-lb bucket of soil up 21 ft. (1 meter = 3.28 ft). Calculate the work the crane performs and its horsepower. (*-6416 Nm or J & -2.055 hp*)

4. A 1,500-kg car accelerates from 0 to 10.0 m/s in 3.00 seconds. What is the horsepower delivered by the engine during the acceleration? (*about 33.5 hp , Hint: This is a multi-stepped problem which involves 1-D Motion. You will need to solve for the acceleration and the distance, then W, P, and hp...Wow!*)

Extra Practice Problems for Projectile Motion

We will be combining Work/Energy with Projectile Motion!

1. A shiny new sports car sits in the parking lot of a car dealership. Above is a cargo plane, flying horizontally at 40 m/s. At the exact moment the plane is 125 m directly above the car, a heavy crate accidentally falls from its cargo doors. Relative to the car, where will the crate hit? (*ans. approx. 202 m*)

Sketch:

Given:

Horizontal:

Vertical:

2. A skier goes off a ramp with a velocity of 20 m/s at 40° N of E.
 - a. What will his maximum height be off the ground? (*ans. approx. 8.4 m*)

Sketch:

Given:

Horizontal:

Vertical:

- b. How far away will he land? (*ans. approx. 40 meters*)



The Horsepower Lab and Problems

10 pts, due _____

Name: _____ Hr. ____

The Horsepower Mini Lab

The world's strongest man can work at a horsepower of _____

Working in groups of 2 or 3, choose any 3 activities from the following list:

- | | |
|----------------------------------|--|
| lift a weight | jump rope |
| Running up/down flight of stairs | step aerobics (up and down 1 stair) |
| sit-ups | push-ups (on your knees or regular ones) |
| climb stairs | jumping jacks |

Data: ***YOU MUST SHOW YOUR WORK IN THE BOXES OR YOU WILL LOSE POINTS!***

Do each activity for one minute. Record the force, the distance and the time required below.

After you finish with the activities, complete the calculations and answer the questions.

Activity-	#1- _____	#2- _____	#3- _____
Time (total) (sec)			
Distance (total) (Use total distance covered)			
Force (total) $F = m \times a$			

Now calculate the work and the power needed for each of the above activities. Show your work!

Work $W = F \times d$			
Power $P = W / \Delta t$ Or $P = F \times d / \Delta t$			
Your horsepower:			

James Watt came up with a calculation of horsepower by watching a horse pull a grinder around a circle. He found it to be 33,000 lb·ft/min. Change this to our units of watts (N·m/sec) using dimensional analysis. (1 N = 0.225 lb)